

Dear Rhythmic Coaches,  
Parents and  
Gymnasts,

Capital Rhythmics Parents Association of Germantown, MD is hosting our traditional **Capital Challenge Rhythmic Gymnastics Invitational** on April 16<sup>th</sup> – 18<sup>th</sup> of 2011, and we would like to extend an invitation for your Rhythmic club to attend.

This year the competition will be held at the Gymnasium of the Washington Adventist University. The University is located just few miles from the U.S. Capitol and Union Station, minutes from downtown, and close to Washington's Metrorail (Red Line, Brookland Station). It is easily accessible from all DC airports and other places of interest.

Our host hotel, Crowne Plaza – Silver Spring, offers free shuttle service to/from the Metro and other places of interest.

We are inviting teams from around the country and throughout the world, and we anticipate a great turnout at all levels.

Hope to see you in Washington this April!!!

Best Regards,



Irina Khurgin

Meet Director,  
Capital Rhythmics Parents  
Association



#### DETAILS OF THE COMPETITION

**Venue:** Katie Fitzgerald Youth Recreation Center (April 16<sup>th</sup>)  
Washington Adventist University (April 17<sup>th</sup> -18<sup>th</sup>)

**Dates:** April 16 – 18, 2011

**Levels:** US Levels 3 – 10 and Groups (USAG JO and FIG Rules; please refer to Technical Requirements brochure for details)

**Awards:** Athletes will be awarded within each level by the following age groups:

Child A: 2005 – 2004

Child B: 2003 – 2002

Child C: 2001 – 2000

Junior: 1999 – 1996

Senior: 1995 and older

Awards will be given for AA and each apparatus for up to 12<sup>th</sup> place or 50% of participants.

All participants will get prizes and take-home gifts

**Costs:** Travel to and from the US and the accommodation cost for the hotel are to be paid by the delegations.

**Accommodations:** Crowne Plaza Washington DC –  
Silver Spring 1-301-589-0800 – Capital Challenge Group Rate

- \$109 per double room (4 per room)/breakfast included for competition dates
- restaurant and café on premises
- passes to LA Fitness club
- See Hotel form for details

Under certain circumstances, placement of the athletes with the Host families may be arranged. Please, contact the Organizers.

**Registration Fee:** International Participants:

- 2 gymnasts – free with participating judge
- additional gymnast – \$100
- See Registration form for details USA Participants:
- \$40 – \$90 per gymnast depending on level
- See Registration form for details

**Registration Due:**

Registration Forms MUST BE RECEIVED by March. 20, 2011

**Late Fee:** \$25 Late Fee per athlete

**Difficulty Forms:** 5 copies of D1/D2 forms must be received by the Organizers no later than April 10, 2011.

**Schedule:** Schedule of the competition will be posted once registration is received

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